
Lifestyle Family Session Prep Guide



I am so excited to have the opportunity to capture your family! My goal for our session is to capture who your family is right now. I promise we will have a lot of fun and I encourage you to make this a fun family experience!

sweetest moments 
by Hannah Bucklin



- Parents & Children:
 - Moms & dads, please don't worry about your kids behavior. Kids are usually not fond of being told to pose or smile so I find it best if we just give the children time to relax and try to capture their natural selves. Don't worry if your child is running about and active, most of the images you see of young children on my site we captured while the child was playing & exploring. I do recommend that your child be rested and have had some water and a light snack before the shoot. We can always take snack breaks and play during the session. Be sure to pack snacks that are dry and mess free so their little faces stay clean during the sessions and so we don't have to worry about a squeezie spill on their outfits. Make sure to tell them that Mrs. Hannah is coming to take pictures of their family. I find it best not to surprise them. The whole idea of this session, like I said before, is to capture your family in the now. I promise we will have fun! I have three small children of my own so I know that kids can be very unpredictable and we will just go with the flow. All I ask is that you show up prepared to have fun and relax! Maybe you can bring some of your kids favorite treats for bribing if we need too;) Check out this article on my blog called, ["Tips & Tricks for Photography with Toddlers"](#)
- Wardrobe:
 - I have created an exclusive SMP Style Guide just for you! [Click here to download!](#)
- Props:
 - Please bring any items that you would like to have incorporated into your images; handmade family blankets/quilt or any other interesting meaningful pieces make a great addition to your family's images.

- Please arrive on time and have the children dressed in their outfits. Please also plan accordingly to allow for time due to traffic, parking, & weather.
- If you need to bring anything with you during our session such as cell phones, keys, diapers/wipes, extra clothes, all the things that come with kids, etc. I highly encourage you to bring all of that in a backpack style bag with you to your session so that you can put everything you need in one bag. More than likely I will end up wearing it at some point in our session so it's easier for us both to be hands free then having to worry about keeping up with a bunch of things:)
- Please make sure that you take off any unwanted accessories such as sunglasses, hats, etc and that your pockets are empty (mainly aiming towards dads). This is a great opportunity to place these items in a backpack along with other things you may want to bring with you on our session so that you don't have to keep shuffling your phone/wallet around between pockets, and it makes for a cleaner image:)
- I encourage you to check out my FAQ page on my website (<https://www.sweetestmomentsphotos.com/faqs>). There you will find more info/tips on how to best prepare for your session. Please feel free to reach out to me if you have any more questions or any last minute changes regarding our session. My phone number is 865.401.0225. I can't wait to capture your family! Looking forward to seeing you soon!

Thank you!

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